

**Family Life
Grade Five**

(804) 769-3434 phone

**Acquinton Elementary School
18550 King William Road
King William, Virginia 23086**

(804) 769-3636 fax

Acquinton Elementary School will be offering Family Life Instruction this year. The following objectives will be met with the 5th grade students as directed by the Virginia Department of Education SOL guidelines.

- 5.1 The student will define the structure and function of the endocrine system.
- 5.2 The student will identify the human reproductive organs in relation to the total anatomy.
- 5.3 The student will explain how human beings reproduce.
- 5.4 The student will recognize the relationship between the physical changes that occur during puberty and the developing capacity for reproduction.
- 5.5 The student will realize the importance of nutrition for himself or herself and for pregnant women who need to eat nutritious foods and avoid dangerous substances while the baby is growing inside the uterus.
- 5.6 The student will identify reasons for avoiding sexual activity prior to marriage.
- 5.7 The student will describe the effects of Personal hygiene on one's self-concept.

- 5.8 The student will recognize the importance of contributing to a constructive group activity.
- 5.9 The student will develop an increased understanding of the roles, duties, and responsibilities of family members.
- 5.10 The student will examine the messages from mass media related to sexuality.
- 5.11 The student will develop skill in saying "no" to any social behavior or activity that he or she perceives as wrong for himself or herself.
- 5.12 The student will recognize threatening or uncomfortable situations and how to react to them.
- 5.13 The student will explain the effects of substance abuse on the body.
- 5.14 The student will become aware of the existence of sexually transmitted diseases.

Return Only If OPTING OUT

Return lower portion of this form. If form is not returned your child will participate in FLE as scheduled

All Children will participate in Family Life Education unless a parent/guardian has requested that the student be opted-out from participation. This request must be in writing. A copy of Family Life Curriculum is available in the office for review.

We recognize that Family Life Education begins in the home and is the primary responsibility of parents. Ongoing communication between parent and child about Family Life Education lessons will be of greater value than any facts the children can learn in class.

I understand that students who are opted out of Family Life Education will be placed in an alternative supervised area and will be given appropriate assignments for completion.

Students will be separated by gender during gender specific areas.

I am requesting that _____ **not** receive instruction in the Family Life Educational objectives: _____
Student Name) _____

Parent/Guardian Signature _____ Date _____

Family Life Instructor Signature _____ Date _____

Classroom Teacher Signature _____ Date _____